

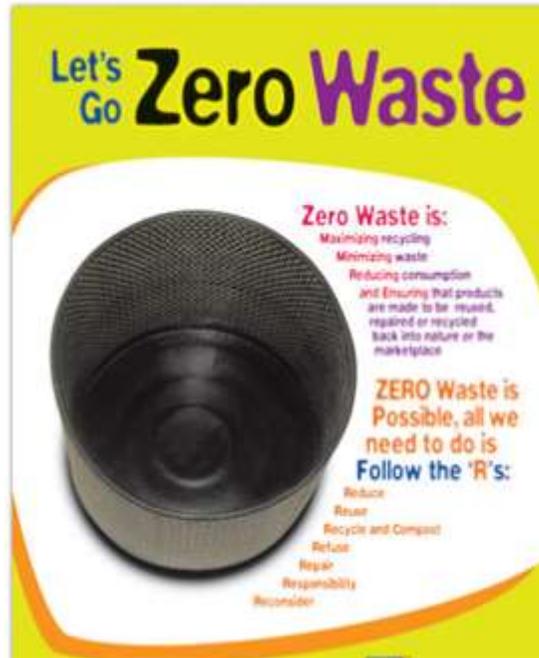


## ZERO WASTE AT HOME

There are 5 steps to Zero Waste (refuse, reduce, reuse, recycle and recover) and these steps follow a hierarchy, starting with the most important step (refuse) and ending with the “least important” step (recover). You may follow this at home.

1. **REFUSE** = buy less stuff. The best idea is not to create any waste in the first place.
2. **REDUCE** = say no to waste. If you do create waste, try to make as little as possible.
3. **REUSE** = pass it along. Be creative! Find new ways to use old things. Consider donating or holding a garage sale.
4. **RECYCLE** = save the value. If you cannot find ways to reuse the waste, then make sure you preserve the value of the resources that are contained in that waste.
5. **RECOVER**. As a final option, any leftover waste can be used to create new forms of energy.

*Also, make sure you are not buying things that contain hazardous chemicals that are harmful to you and your environment.*



References:

<http://www.zerowastecowichan.ca/>

Solid Waste Management Module for Schools 2005 by Miriam College & DENR



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LINCOLNSHIRE  
INTERNATIONALE  
PRESCHOOL



## LIP ZERO WASTE PROGRAM

This belongs to:





## Program Overview

**Zero Waste** means working together to dramatically reduce the amount of material that goes to the landfill by buying less, re-using or re-purposing the thing you no longer need, recycling and composting.

### Objectives:

1. To have a clean surroundings
2. To protect human health
3. To send less trash to polluting dumps
4. To turn waste into resource and thus help **slow down consumption of the earth's resources.**
5. To educate, promote and inculcate ecological awareness, action and commitment among students, parents, teachers and staff.
6. To transform Lincolnshire Internationale Preschool into Zero Waste Zone.



School activities produce a lot of waste, including uneaten snack, individualized snacks and used paper. Here are some easy ways to introduce Zero Waste in LIP.

⇒ **Pack a no-waste snacks.** A no-waste snack is a meal that does not produce any trash. Use a reusable snack box or bag and fill it with your child's snack in reusable container/s. Avoid using styros and plastic straws.



⇒ **Water First Policy.** Bringing of water instead of juice is encouraged to keep our body temperature normal and keep us hydrated. If not, transfer tetra pack juice in a reusable bottle.

⇒ **Pack In, Pack Out.** Foils, candy/plastic wrappers, tissue, papers brought in school should be placed in the pocket/bag for proper disposal when you reach home.

⇒ **Birthday celebrations in school.** Your child's birthday is important to us. If you are planning to have a simple or institutional party in school, consider the school's zero waste campaign by using reusable eating utensils.

## School Activities

The following programs will be incorporated across the curriculum:

- ◆ Project chant/jingle
- ◆ Slogan/Poster making
- ◆ Recycled arts and crafts projects
- ◆ Launching of the program during October culminating activity.



Parents are requested to **pack a no-waste snack** starting everyday. Everyone is also encouraged to take the Zero waste challenge until the end of the school year.

